



Leylands Medical Centre Monthly Roundup: March 2026

Your Monthly Catch-Up on What's Happening in Primary Care with our view on the latest issues.

New and updated guidance

Type 2 diabetes in adults: management (NG28) - Big changes - updated first-line/early add-on choices (incl. wider SGLT2 use and CV/renal-protective options).

Source: <https://www.nice.org.uk/guidance/ng28>

The Leylands View:

Initial assessment is key because it informs what happens next (Obese ? CKD ? Age of onset <40? Heart failure? CHD ? Frail ? or none of the above)

Then, it's all about the SGLT-2's....

But Metformin remains first line in ALL situations (except eGFR<30)

See link above.

Nursing and pharmacy teams will be having separate conversations about this.

*Please be explicit about risk stratification and initial assessment **at the point of diagnosis.***

Immunisation & vaccines

Uncertain or imperfect immunisations? Here's what to do: updated UKHSA flow-chart

Source: [Vaccination of individuals with uncertain or incomplete immunisation - GOV.UK](#)

Safety alerts & BNF changes

⚠ Semaglutide (Wegovy/Ozempic/Rybelsus) - new safety signal (NAION); ensure patients are counselled on visual symptoms and report suspected ADRs via Yellow Card.

Source: [MHRA Safety roundup February 2026](#)

⚠ GLP-1 receptor agonists and dual GLP-1/GIP receptor agonists: Potential risk of severe acute pancreatitis with these products, including rare reports of necrotising and fatal pancreatitis. Healthcare professionals should remain vigilant for signs and symptoms of acute pancreatitis in patients treated with GLP-1 and GLP-1/GIP receptor agonists.

Source: [MHRA Safety roundup February 2026](#)

⚠ Falsified Mounjaro (tirzepatide) KwikPen 15mg — advise patients about checking supply/source; manage suspected cases as per MHRA advice and report promptly. ⚠

Source: [MHRA Safety roundup February 2026](#)[MHRA Safety roundup February 2026](#)

The Leylands view:

Warnings re GLP-1s - Unsurprising that for any 'new' drug class that has gained traction so quickly that there are increasing safety alerts. Clearly they are going to have a huge role to play in the future, but need to be vigilant. Don't forget the basics - they remain the cornerstone of healthy living.

Digital & political developments

Imposed 2026/27 GP contract changes (England) — proposals include “unlimited” same-day urgent access and restrictions on capping online requests -

Changes to the GP contract include the following:

- Ensure unlimited same-day patient access for patients with clinically urgent needs
- Forbidding practices from capping online consultation requests – even when they’re full
- Use of advice and guidance will become contractual. This is where hospital specialists may be forced to limit accepted referrals and instead reject and return them to GPs with ongoing guidance to manage patients in the community unless they deteriorate further, to improve waiting lists.

Source: [BMA Media Centre](#)

The Leylands view:

We've always provided great access for 'urgent' issues, and continue to do so. We're not capping OC's so the first two points we have covered anyway, even though we take issue with the idea of 'unlimited' access.

There are other metrics on the horizon about phone wait times, numbers of appointments etc having to meet certain targets, further details pending.

From 4 March to 25 March, GPC England will hold a referendum of all GPs and GP Registrars across England on the changes imposed from 1 April.....

Other practice clinical updates

CQC - are scheduled to visit w/c 16th March. Partners and managers are busy making preparations - If you see us looking a bit bleary eyed - now you know why! Here's how you can help

- make sure your mandatory learning is up to date
- if you have not had your appraisal this year, be proactive and approach your appraiser

- keep rooms tidy and free of clutter
- CQC may want to interview staff - you will be notified via email, do reply promptly (and don't forget to mention how amazing your team is 😊)
- There is a new patient SMS feedback link to send called 'CQC feedback' - so do use this instead of the normal one for the next few weeks.

Practice mental health worker - appointments are being under utilised. Please bring appropriate patients to PLT so we can make best use of these valuable clinics.